



**PARKS &
RECREATION** 

ACTIVITY GUIDE

FALL 2026



OVERVIEW

The Palm Coast Parks and Recreation 2026 Fall Activity Guide is your key to unlocking amazing seasonal programs. We've got something for everyone: dynamic classes for Adults, enriching programs for Youth and Kids, plus fun Activities for all ages!

Visit [**parksandrec.fun**](https://parksandrec.fun) to explore the complete catalog and secure your spot before programs fill up!

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Visit [**parksandrec.fun**](https://parksandrec.fun) to learn more and register!

HOW TO SIGN UP FOR PROGRAMS & ACTIVITIES

Palm Coast Parks and Recreation is powered by:



To create an account:

- Visit parksandrec.fun
- Select Log In/Create Account
- Choose Create Account
- Complete the information for the primary account holder
- Add your cellphone number to receive text alerts



To add family members:

- Go to parksandrec.fun
- Log in to your account
- Select Account
- Click **Add New Account Member**
- Enter their information and click **Save**



To register for programs:

- Log in at parksandrec.fun and select **catalog**
- Use the search bar or filters to browse programs
- Select the program or event you'd like to join
- Choose the family member(s) participating and **add to cart**
- Click **Checkout** to complete registration/payment



To update account information:

- Log in at parksandrec.fun
- Click Account
- Select the pencil icon next to your name or address
- Update your info and click **Save**

FACILITIES



PALM COAST COMMUNITY CENTER
305 Palm Coast Parkway NE
386-986-2323

Hours of Operation
Monday–Friday, 8 AM–6 PM
(open for rentals and events on weekends)

PALM COAST AQUATICS CENTER
339 Parkview Drive
386-986-4741

Hours vary throughout the season



SOUTHERN RECREATION CENTER
1290 Belle Terre Parkway
386-986-2550

Hours of Operation
Monday–Saturday: 8 AM–9 PM
Sunday: 8 AM–2 PM

PALM HARBOR GOLF CLUB
20 Palm Harbor Parkway
386-986-4653

Golf Course Hours (Summer)
Monday–Sunday, 7 AM– dusk





OUR PARKS & TRAILS

Belle Terre Park

339 Parkview Dr.
MON-SUN: 7 AM - 10 PM

Linear Park

31 Greenway Court
MON-SUN: 7 AM - 7 PM

Bird of Paradise Nature Reserve

179 Bird of Paradise Dr.
Mon-Sun: 7 AM - 7 PM

Lehigh Trailhead

1350 Belle Terre Parkway
Mon-Sun: 7 AM - 7 PM

Central Park

975 Central Ave.
Mon-Sun: 7 AM - 7 PM
(open later for events)

Long Creek Nature Preserve

1050 Palm Harbor Parkway
Mon-Sun: 7 AM - 7 PM

Community Center Park

305 Palm Coast Parkway NE
Mon-Sun: 7 AM - 10 PM

Ralph Carter Park

1385 Rymfire Dr.
Mon-Sun: 7 AM - 10 PM

Heroes Memorial Park

2860 Palm Coast Parkway NW
Mon-Sun: 7 AM - 7 PM

The Stage at Town Center

1500 Central Avenue
Mon-Sun: 7 AM - 7 PM
(open later for events)

Indian Trails Sports Complex

5455 Belle Terre Parkway
Mon-Sun: 7 AM - 10 PM

Seminole Woods Park

565 Sesame Blvd.
Mon-Sun: 7 AM - 10 PM

James F. Holland Memorial Park

18 Florida Park Dr.
Mon-Sun: 7 AM - 10 PM
Tues: 12 PM - 10 PM

Waterfront Park

150 Waterfront Park Road
Mon-Sun: 7 AM - 7 PM

EARLY CHILDHOOD ACTIVITIES



Monday Funday

Aug. 24 - Dec. 14

Mon. | 10:00 AM - 11:00 AM

Community Center | Ages 2yr 6m-5yr 11m | Free

Little Sensory Explorers

Aug. 25 - Dec. 15

Tues | 10:00 AM - 11:00 AM

Community Center | Ages 6m-2 | Free



Musical Munchkins - Fall Tempo Tots

Aug. 27 - Dec. 17

Thurs. | 9:15 AM - 9:45 AM

Community Center | Ages 6m-2yr 11m | Free

Musical Munchkins - Fall Tempo Titans

Aug. 27 - Dec. 17

Thurs. | 10:00 AM - 11:00 AM

Community Center | Ages 3-4yr 11m | Free



YOUTH ACTIVITIES



IRL Skills for Kids

Sept. 14 - Oct. 5

Mon | 4:30PM-6:00PM

Community Center | Ages All Ages | \$50/session

Enrichment Block for Homeschoolers

Session 1: K - 3rd grade | Sept. 14 - Oct. 5

Session 2: 4th - 5th grade | Oct. 10 - Nov. 9

Mon | 12:00 PM- 3:00 PM

Community Center | Ages All Ages | \$50/session



Kids in the Kitchen

Session 1 : Sept 2 - Sept 23 | Wed | 4:30 PM- 6:00 PM

Session 2 : Oct. 7 - Oct. 28 | Wed | 4:30 PM- 6:00 PM

Community Center | Ages 8-12yr 11m | \$40/session

Parents' Night Out

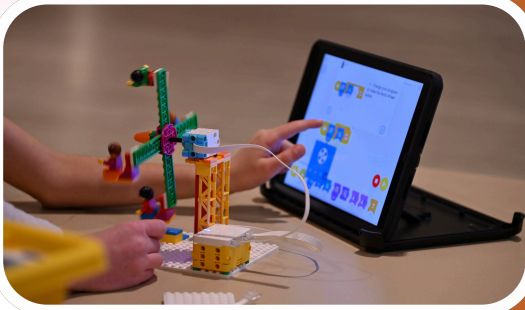
Sept. 18 | Oct. 23 | Nov. 20 | Dec. 18

Fri | 5:30 PM- 10:00 PM

Community Center | Ages 5-11yr 11m | \$20/child/date



YOUTH ACTIVITIES



Robotics for Kids!

Session 1 : Sept. 1 - Sept. 22

Session 2 : Oct. 6 - Oct. 27

Tues | 4:30 PM-5:30 PM

Community Center | Ages 7-11yr 11m | \$35/session

Youth Pickleball League

Aug. 27 - Dec. 18

Wed, Thurs | 4:30 PM-6:00 PM | Fri | 3:30 PM-5 PM

Southern Recreation Center | Ages 11-18 | \$5/class



Fall Fun Camp

Nov. 23 - Nov. 25

7:30 AM- 4:30 PM | Mon-Wed

Community Center | Ages 5-13 | \$25/day (aftercare - \$10)

Jack Frostivities Holiday Break Camp

Dec. 21 - Jan. 5

Mon-Fri | 7:30 AM- 4:30 PM

Community Center | Ages 5-13 | \$25/day (aftercare - \$10)

No Camp on Holidays



ADULT ATHLETICS



Adult Indoor Rowing Exercise Class

Oct. 10 - Dec. 17

Thurs | 5:00 PM- 6:00 PM

Community Center | Ages 18/up | \$7/class

Adult Open Gym Athletics - Volleyball

Session 1: Aug. 10 - Oct. 5

Session 2: Oct. 12 - Dec. 14

Mon | 7:00 PM- 9:30 PM

Indian Trails Middle School | Ages 18/up | \$20/session



Adult Open Gym Athletics - Basketball

30 and older : Aug. 14-Dec. 18 | |Fri | 7:00 PM- 9:30 PM

Session 1: Aug. 11 - Oct. 8 | |Tues, Thurs | 7:00 PM- 9:30 PM

Session 2: Oct. 13 - Dec. 17 | Tues, Thurs | 7:00 PM- 9:30 PM

Indian Trails Middle School | Ages 18/up | \$30/session

Belly Dancing

Aug. 20 - Dec. 17

Thurs | 6:00 PM-7:00 PM

Southern Recreation Center | Ages All Ages | \$10/class



ADULT ATHLETICS



Zumba Gold® Toning

Aug. 10 - Dec. 28

Mon | 4:00 PM-5:00 PM

Community Center | Ages 18/up

\$8/class (flex pass eligible)

Zumba®

Community Center - Aug. 12 - Dec. 30 | 9:00 AM- 10:00 AM

Southern Rec. Center - Aug. 12 - Dec. 30 | 5:30 PM - 6:30 PM

Wed | Ages 18/up

\$8/class (flex pass eligible)



Yoga for All

Aug. 11 - Dec. 29 - Tues, Thurs | Community Center

Aug. 14 - Dec. 18 - Fri | Southern Rec. Center

9:00 AM-10:00 AM | Ages 18/up

\$8/class (flex pass eligible)

Zumba Gold

Community Center - Aug. 14 - Dec. 18 | Fri | 9:00 AM- 10:00 AM

Southern Rec. Center - Aug. 10 - Dec. 28 | Mon | 5:30 PM - 6:30 PM

Ages 18/up

\$8/class (flex pass eligible)



Purchase a Fitness Flex Pass for \$50 and enjoy eight classes.

ADULT ATHLETICS



Tai Chi

Sep. 14 - Dec. 30

Mon, Wed | 10:00 AM-11:00 AM

Community Center | All Ages | \$8/class (flex pass eligible)

Table Tennis

Aug. 12 - Jan. 8

Wed - 10:30 AM-12 PM | Fri - 6:00 PM-8:00 PM

Southern Recreation Center | Ages 18/up | Free



Adaptive Tennis

Session 1: Aug. 8 - Aug. 29 | 11:00 AM-12:00 PM

Session 2: Sep. 5 - Sep. 26 | 11:00 AM-12:00 PM

Session 3: Oct. 3 - Oct. 24 | 11:00 AM-12:00 PM

Session 4: Oct. 31 - Nov. 21 | 11:00 AM-12:00 PM

Session 5: Nov. 28 - Dec. 19 | 11:00 AM-12:00 PM

Southern Recreation Center | All Ages | Free

Round Robins Tennis - Doubles

Tues - Aug. 11 - Dec. 29 | 6:00 PM- 8:00 PM

Sat - Aug. 15 - Dec. 26 | 9:00 AM-11:00 AM

Sun - Aug. 16 - Dec. 27 | 9:00 AM- 11:00 AM

Southern Recreation Center | Ages 18/up | \$7/class



ADULT ATHLETICS



Pickleball Ladder League

Intmd. Men's (Mon & Thu) | Sep. 14 - Nov. 19
Intmd. Women's (Mon & Tue) | Sep. 14 - Nov. 17
Beg. Women's Wed - Sep. 16 | Nov. 18
Intmd. Mixed Doubles Thu. | Sep. 17 - Nov. 19
Southern Recreation Center | Ages 18+ | \$20/session

Welcome to Pickleball

Session 1: Aug. 11 - Sep. 4 | Wed., Fri., Sat.
Session 2: Sep. 8 - Oct. 2 | Wed., Fri., Sat.
Session 3: Oct. 6 - Oct. 30 | Wed., Fri., Sat.
Session 4: Nov. 3 - Nov. 27 | Wed., Fri., Sat.
Session 5: Dec. 1 - Dec. 23 | Wed., Fri., Sat.
Southern Recreation Center | Ages 18+ | \$20/session



Aqua Zumba®

Session 1: Tue., Thu. | Aug. 18 - Sep. 3
Session 1 (Option B): Mon., Wed. | Aug. 24 - Sep. 30
Session 2: Tue., Thu. | Sep. 8 - Sep. 24

Palm Coast Aquatics Center | Ages 13/up | \$10/session

Water Aerobics

Aug. 19 - Sep. 30
Mon, Wed, Fri | 9:00 AM-10:00 AM
Palm Coast Aquatics Center | Ages 13/up
\$10/class (or the \$50 punch pass for 6 classes)



Private and semi-private swim lessons are offered Monday through Friday and on Sundays between 9am-5:30 pm. **Call Palm Coast Aquatic Center to book!**

ADULT ACTIVITIES



Conversations 4 Caregivers

Sep. 9 - Dec. 9

Wed | 3:00 PM- 4:00 PM

Southern Recreation Center | All Ages | Free

Line Dancing

Aug. 14 - Dec. 18

Fri | 6:00 PM-7:30 PM

Community Center | Ages 18/up

\$8/class (flex pass eligible)



Sewing with Heart

Aug. 11 - Dec. 17

Tues - 9 AM - 12 PM | Thurs - 12:30 PM- 3:00 PM

Community Center | All Ages | Free

Diabetes Education

Aug. 10 - Nov. 30

Mon | 12:30 PM-1:30 PM

Community Center | Ages 18/up | Free



Purchase a Fitness Flex Pass for \$50 and enjoy eight classes.

Visit **parksandrec.fun** to learn more and register!

ADULT ACTIVITIES

Wood Carvers (A.R.T. Program)

Aug. 11 - Dec. 29

Tues | 12:30 PM-4:00 PM

Community Center | Ages 18/up | Free



Open Art Studio (A.R.T. Program)

Aug. 12 - Dec. 30

Wed | 8:30 AM-11:30 AM

Community Center | Ages 18/up | Free

New & Expectant Moms

Fall 2026 Session 1: Aug. 12 - Dec. 30

Wed | 10:30 AM-12:00 PM

Community Center | Ages 18/up | Free



A Day at the Movies

Aug. 12 - Dec. 30

Wed | 1:00 PM-3:00 PM

Community Center | Ages 18/up | Free

SENIOR ACTIVITIES

Senior Social Corner

Aug. 11 - Dec. 29

Tues | 12:30 PM-4:00 PM

Community Center | Ages 18/up | Free



Mah Jongg

Aug. 12 - Dec. 30

Wed | 12:30 PM-4:00 PM

Community Center | Ages 18/up | Free

Pinochle

Aug. 13 - Dec. 17

Thurs | 12:30 PM-4:30 PM

Community Center | Ages 18/up | Free



Book Club Social Corner

Sep. 11 - Dec. 4

Fri | 10:30 AM-11:30 AM

Community Center | Ages All Ages | Free

SENIOR ACTIVITIES & ATHLETICS

BAM! Balance and Motion

Mon. | 12:00 PM-12:45 PM | Sep. 14 - Dec. 28

Thu. | 12:00 PM-12:45 PM | Sep. 3 - Dec. 17

Community Center | Ages 18+ | Free

Pre-registration required



F.I.T. 4 Life

Aug. 11 - Dec. 29

Tues | 9:30 AM-10:30 AM

Southern Recreation Center | Ages All Ages | \$8/class

Gentle Yoga

Aug. 11 - Dec. 29

Tues, Thurs | 10:30 AM-11:30 AM

Community Center | Ages 18/up

\$8/ class (flex pass eligible)



Widow/ Widower's Support Group

Aug. 14 - Dec. 18

Fri | 11:00 AM-12:00 PM

Community Center | Ages All Ages | Free

Purchase a Fitness Flex Pass for \$50 and enjoy eight classes.

FOR ALL ACTIVITIES

Autism Spectrum Disorder Social Group

Aug. 11 - Oct. 27

Tues | 6:00 PM-7:30 PM

Community Center | Ages 18-100 | Free



Learn the Basics of Your Computer

Aug. 19 - Dec. 16

Wed | 4:00 PM-5:30 PM

Community Center | Ages 18/up | Free

Visually Impaired Support Group

Sep. 30 - Dec. 30

Wed | 11:00 AM-12:30 PM

Community Center | Ages All Ages | Free



Lunch N' Lecture Series

Sep. 11 & Nov. 13

Fri | 11:00 AM-12:30 PM

Community Center | Ages 18/up | Free

FOR ALL ACTIVITIES

Women's Self-Defense

Session 1: Sep. 14 - Sep. 28

Session 2: Nov. 16 - Nov. 30

Mon | 6:00 PM-8:00 PM

Community Center | Ages 13/up | Free



Flagler County Parkinson's Support Group

Aug. 19 - Dec. 16

Third Wednesdays | 3:00 PM-4:30 PM

Community Center | Ages All Ages | Free

Autism Spectrum Disorder Social Group

Aug. 11 - Oct. 27

Second and Fourth Tuesdays | 6:00 PM-7:30 PM

Community Center | Ages 18-100 | Free



Family Art Night

Aug. 28 | 4:30 PM-6:00 PM

Sep. 25 | 4:30 PM-6:00 PM

Oct. 30 | 4:30 PM-6:00 PM

Nov. 20 | 4:30 PM-6:00 PM

Dec. 18 | 4:30 PM-6:00 PM

Community Center | Ages All Ages | Free

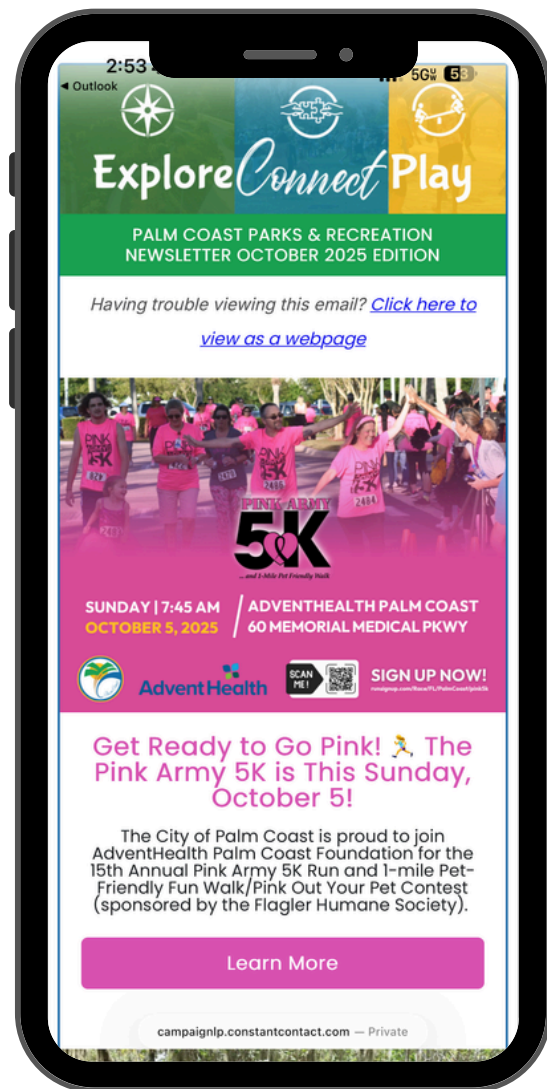


FALL SPECIAL EVENTS

Date	Time	Event	Location
Aug. 27	6:00–8:00 PM	Beats and Eats	The Stage at Town Center
Sept. 10	6:00–8:00 PM	Beats and Eats	The Stage at Town Center
Sept. 11	6:30 PM	9/11 Candlelight Vigil	Heroes Memorial Park
Sept. 11–23	Varies	Senior Games	Various Locations
Sept. 19	8:00 AM–12:00 PM	19th Annual Intracoastal Waterway Cleanup	Palm Coast Community Center
Sept. 24	6:00–8:00 PM	Beats and Eats	The Stage at Town Center
Oct. 4	7:45 AM Start	Pink Army 5K	AdventHealth Palm Coast
Oct. 16–18	8:00 AM - 4:00 PM	Pink N' Pickle Tournament	Southern Rcreation Center
Oct. 22	6:00–8:00 PM	Beats and Eats	The Stage at Town Center
Oct. 30 & 31	7:00–10:00 PM	Hall of Terror	Fire Station 21
Nov. 11	10:00 AM	Veterans Day Celebration	Government Services Building, Bunnell
Nov. 14	10:00 AM–3:00 PM	Fall Art Festival (FC3)	Central Park in Town Center
Nov. 26	7:45 AM	Feet to Feast 5K	Daytona State College, Palm Coast Campus
Nov. 28	6:00–9:00 PM	Tree Lighting Ceremony	Central Park in Town Center
Dec. 5	6:00 PM Start	Palm Coast Boat Parade	Intracoastal Waterway
Dec. 12	6:00 PM	Starlight Parade	Central Park in Town Center

PARKS & RECREATION

Get monthly updates in your inbox about **special events, parks and trails, programs, activities, and more!**



or visit **palmcoast.gov/parks-and-recreation**