

**PARKS &  
RECREATION** 

# SUMMER

ACTIVITY GUIDE 2026



# OVERVIEW

The Palm Coast Parks and Recreation 2025/2026 Activity Guide is your key to unlocking amazing seasonal programs. We've got something for everyone: dynamic classes for Adults, enriching programs for Youth and Kids, plus fun Activities for All ages!

Visit [parksandrec.fun](https://parksandrec.fun) to explore the complete catalog and secure your spot before programs fill up!

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Visit [parksandrec.fun](https://parksandrec.fun) to learn more and register!

# HOW TO SIGN UP FOR PROGRAMS & ACTIVITIES

Palm Coast Parks and Recreation is powered by:



## To create an account:

- Visit [parksandrec.fun](https://parksandrec.fun)
- Select Log In/Create Account
- Choose Create Account
- Complete the information for the primary account holder
- Add your cellphone number to receive text alerts



## To add family members:

- Go to [parksandrec.fun](https://parksandrec.fun)
- Log in to your account
- Select Account
- Click **Add New Account Member**
- Enter their information and click **Save**



## To register for programs:

- Log in at [parksandrec.fun](https://parksandrec.fun) and select **catalog**
- Use the search bar or filters to browse programs
- Select the program or event you'd like to join
- Choose the family member(s) participating and **add to cart**
- Click **Checkout** to complete registration/payment



## To update account information:

- Log in at [parksandrec.fun](https://parksandrec.fun)
- Click Account
- Select the pencil icon next to your name or address
- Update your info and click **Save**

# FACILITIES

## ACTIVITY GUIDE 2026



**PALM COAST COMMUNITY CENTER**  
**305 Palm Coast Parkway NE**  
**386-986-2323**

Hours of Operation  
Monday–Friday, 8 a.m.–6 p.m.  
(open for rentals and events on weekends)

**PALM COAST AQUATICS CENTER**  
**339 Parkview Drive**  
**386-986-4741**

Hours vary throughout the season



**SOUTHERN RECREATION CENTER**  
**1290 Belle Terre Parkway**  
**386-986-2550**

Hours of Operation  
Monday–Saturday: 8 a.m.–9 p.m.  
Sunday: 8 a.m.–2 p.m.

**PALM HARBOR GOLF CLUB**  
**20 Palm Harbor Parkway**  
**386-986-4653**

Golf Course Hours (Summer)  
Monday–Sunday, 7 a.m.–dusk



# OUR PARKS & TRAILS

## **Belle Terre Park**

339 Parkview Dr.  
MON-SUN: 7AM - 10PM

## **Bird of Paradise Nature Reserve**

179 Bird of Paradise Dr.  
Mon-Sun: 7AM - 7PM

## **Central Park**

975 Central Ave.  
Mon-Sun: 7AM - 7PM  
(open later for events)

## **Community Center Park**

305 Palm Coast Parkway NE  
Mon-Sun: 7AM - 10PM

## **Heroes Memorial Park**

2860 Palm Coast Parkway NW  
Mon-Sun: 7AM - 7PM

## **Indian Trails Sports Complex**

5455 Belle Terre Parkway  
Mon-Sun: 7AM - 10PM

## **James F. Holland Memorial Park**

18 Florida Park Dr.  
Mon-Sun: 7AM - 10PM

## **Linear Park**

31 Greenway Court  
MON-SUN: 7AM - 7PM

## **Lehigh Trailhead**

1350 Belle Terre Parkway  
Mon-Sun: 7AM - 7PM

## **Long Creek Nature Preserve**

1050 Palm Harbor Parkway  
Mon-Sun: 7AM - 7PM

## **Ralph Carter Park**

1385 Rymfire Dr.  
Mon-Sun: 7AM - 10PM

## **The Stage at Town Center**

1500 Central Avenue  
Mon-Sun: 7AM - 7PM  
(open later for events)

## **Seminole Woods Park**

565 Sesame Blvd.  
Mon-Sun: 7AM - 10PM

## **Waterfront Park**

150 Waterfront Park Road  
Mon-Sun: 7AM - 7PM

# YOUTH

## SUMMER ACTIVITIES



### Youth Pickleball League

#### 2026 Summer Beginners & Intermediate

Jun. 3 - Aug. 21

Wed. & Thurs. - 4:30-6:00 PM | Fri. - 3:30-5 PM

Southern Recreation Center | Ages 8-18 | \$5/session

### Pickleball Youth Camp

Session 1 - Jun. 15-19 | 9:00AM-12:00PM

Session 2- Jul. 20-24 | 9:00AM-12:00PM

Southern Recreation Center

Ages 8-17 | \$125/session



### Basketball Camp

Session 1 - Jul. 6-10 | 9:00AM-12:00PM

Session 2- Jul. 20-24 | 9:00AM-12:00PM

Palm Coast Aquatics Center

Open to all ages | \$75/session

### Firefighter Kids Camp

Session 1 - Jun. 1-5 | 9:00AM-12:00PM

Session 2- Jun. 8-12 | 9:00AM-12:00PM

Southern Recreation Center

Ages 8-17 | \$125/session



# YOUTH

## SUMMER ACTIVITIES



### Fun in the Sun Summer Camp

Jun. 1 - Jul. 31 | 7:30AM - 4:30PM

Community Center

Open to K-5<sup>th</sup> Grade | \$100/week

### Fun in the Sun Aftercare

Jun. 1 - Jul. 31 | 4:30 - 6:00 PM

Community Center

Open to K-5<sup>th</sup> Grade | \$20/week

Only available only for Summer Camp participants.



### Robotics Camp

Session 1 - Jun. 15 - Jun. 18 | 9:00 AM - 12:00 PM

Session 2 - Jun. 29 - Jul. 2 | 9:00 AM - 12:00 PM

Buddy Taylor Middle School

Ages | \$60/participant

### Teen Adventure Camp

Session 1 - Jun. 22 - 26 | 8:00AM - 5:00PM

Session 2- Jul. 13 - 17 | 9:00AM - 12:00PM

Linear Park

Open to all ages | \$175/session



# ADULT

## SUMMER ACTIVITIES



### Conversations 4 Caregivers

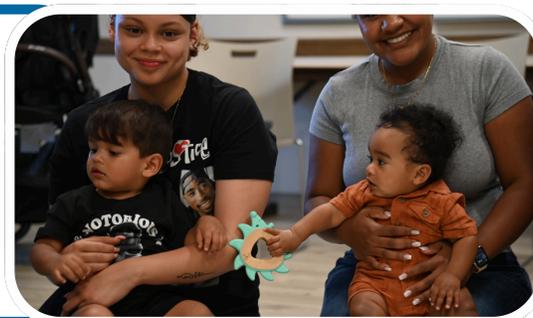
Education, resources, and support for caregivers of older adults with dementia, Parkinson's, stroke, and more.

Jun. 10 & Jul. 8 | 10:00AM - 12:00PM  
Southern Recreation Center | Open to age 18+ | Free

### New & Expectant Moms: Bellies & Babies

Jun. 10 - Jul. 22 (Wednesdays only) | 10:30 - 12:00 PM

Community Center  
Open to all ages | Free



### Sewing with Heart

Bring your sewing machine and materials to create items for donations.

Jun. 9 - Jul. 28 (Tuesdays only) | 10:00 AM - 1:00 PM  
Community Center | Open to all ages | Free

### Sit, Stitch & Give

All skill levels welcome—bring your stitching project to join the fun and connect with fellow crafters.

Jun. 1 - Jul. 27 (Mondays only) | 10:00AM - 12:00PM  
Community Center | Open to all ages | Free



# ADULT ACTIVITIES & ATHLETICS



## Open Art Studio (A.R.T. Program)

Bring your art supplies and enjoy quiet creative time at the Community Center (Paint, scrapbook, sketch, or collage).

Jun. 3 - Aug. 12 (Wednesdays) | 8:30AM - 11:30AM  
Community Center | Open to age 18+ | Free

## Wood Carvers (A.R.T. Program)

Bring your own materials to explore the art of woodcarving.  
Open to all skill levels with no instruction provided.

Jun. 2 - Aug. 18 (Tuesdays only) | 12:30 - 4:00 PM  
Community Center | Open to age 18+ | Free



## Zumba®

Jun. 3 - Aug. 12 (Wed. only) | 9:00 - 10:00 AM  
Community Center | Open to all ages | \$8/class

Jun. 3 - Aug. 5 (Wed. only) | 5:30 - 6:30 PM  
Southern Recreation Center | Open to all ages | \$8/class

## Zumba Gold®

Low-intensity Zumba® for older adults and beginners.

Jun. 5 - Aug. 14 (Fridays only) | 9:00 - 10:00 AM  
Community Center | Open to all ages | \$8/class

Jun. 1 - Aug. 14 (Mondays only) | 9:30 - 10:30 AM  
Southern Recreation Center | Open to all ages | \$8/class



# ADULT ATHLETICS



## Zumba Gold® Toning

A slower-paced workout using toning sticks to build strength—ideal for active older adults.

Jun. 1 - Aug. 17 (Mondays) | 4:00 - 5:00 PM  
Community Center | Open to all ages | \$8/class

## Table Tennis

Jun. 3 - Aug. 8

Wed. - 10:30 AM - 12:00 PM | Fri. - 6:00 - 8:00 PM  
Southern Recreation Center | Open to age 18+ | Free



## Yoga for All

Jun. 2 - Aug. 13 (Tues. & Thurs. only) | 9:00 - 10:00 AM  
Community Center | Open to age 18+ | \$8/class

Jun. 5 - Aug. 7 (Fridays only) | 9:00 - 10:00 AM  
Southern Recreation Center | Open to age 18+ | \$8/class

## Welcome to Pickleball

Session 1 - Jun. 16 - Jul. 10  
Tues. - 8:30 - 9:00 AM | Wed/Fri/ Sat | 1:00 - 2:30 PM  
Southern Recreation Center | Open to age 18+ | Free

Session 2 - Jul. 14 - Aug. 7  
Tues. - 8:30 - 9:00 AM | Wed/Fri/ Sat | 1:00 - 2:30 PM  
Southern Recreation Center | Open to age 18+ | Free



# ADULT ATHLETICS



## Round Robins Tennis

Sundays - Jun. 7 - Aug. 2 | 9:00 - 11:00 AM  
Tuesdays - Jun. 2 - Aug. 4 | 6:00 - 8:00 PM  
Fridays - Jun. 5 - Aug. 7 | 5:00 - 7:00 PM  
Saturdays - Jun. 6 - Aug. 1 | 9:00 - 11:00 AM

Southern Recreation Center | Open to age 18+ | \$7/class

## Welcome to Tennis

Session 1 - Jun. 6 - Jun. 27 (Saturdays) | 10:00 - 11:00 AM  
Session 2 - Jul. 11 - Aug. 1 (Saturdays) | 10:00 - 11:00 AM  
Southern Recreation Center | Open to age 15+ | Free



## Adaptive Tennis

Tennis that is customized to accommodate players at any age or physical ability.

Session 1 - Jun. 6 - Jun. 27 (Saturdays) | 11:00 AM - 12:00 PM  
Session 2 - Jul. 11 - Aug. 127 (Saturdays) | 11:00 AM - 12:00 PM  
Southern Recreation Center | Open to all ages | Free

## Belly Dancing

Shake, shimmy, and shine in our beginner-friendly belly dance classes with Laura.

Jun. 11 - Jul. 16 (Thursdays) | 6:00-7:00 PM  
Southern Recreation Center | Open to all ages | \$60



# SENIOR ACTIVITIES



## Mah Jongg

Mah Jongg is a tile-based game of skill and strategy, perfect for socializing and making new friends.

Wednesdays - Jun. 3 - Aug. 12 | 12:30 - 4:00 PM  
Community Center | Open to age 18+ | Free

## Pinochle

Pinochle is a card game, typically for two to four players that is played with a 48 card deck.

Thursdays - Jun. 4 - Aug. 13 | 12:30 - 4:00 PM  
Community Center | Open to age 18+ | Free



## A Day at the Movies

Lights, Camera, Action! Stop in for an old classic movie or a new favorite.

Wednesdays - Jun. 3 - Jul. 29 | 1:00 - 3:00 PM  
Community Center | Open to age 18+ | Free



## Book Club Social Corner

A relaxed, social book club where you read a monthly genre pick and share your thoughts with others.

Fridays - Jun. 5, Jul. 10, Aug. 14 | 10:30 - 11:30 AM  
Community Center | Open to all ages | Free



# SENIOR ACTIVITIES & ATHLETICS



## Widow/ Widower's Support Group

A supportive space to connect with others who have experienced the loss of a significant other.

Thursdays - Jun. 4 - Aug. 13 | 10:30 - 11:30 AM  
Community Center | Open to age 18+ | Free

## BAM! Balance and Motion

Presented in partnership with Florida Health Care Plans (FHCP). Get moving and join senior fitness specialist Artie G.

Jun. 1 - Jul 30- Mon 12:30-1:15 PM | Thurs 12:00-12:45 PM  
Aug. 10 - 31 - Mon & Thurs 12:00-12:45 PM

Community Center | Open to age 18+ | Free



## F.I.T. 4 Life

A 60-minute, low-impact total body workout focused on cardio, strength, and flexibility.

Tuesdays - Jun. 2 - Aug. 4 | 9:30 - 10:30 AM

Southern Recreation Center | Open to all ages | \$8/week

## Gentle Yoga

A gentle chair-based yoga class with low-impact stretching, strengthening, and breathing—no floor work.

Tues & Thurs - Jun. 2 - Aug. 18 | 10:30 - 11:30 AM

Community Center | Open to age 18+ | \$8/week



# AQUATIC ACTIVITIES



## Aqua Zumba®

A fun, low-impact pool workout that combines dance and water resistance for easy movement on the joints.

Jun. 2 - Aug. 18 (Tues & Thurs) | 9:00 - 10:00 AM  
Palm Coast Aquatics Center | Open to age 13+ | \$10/class

## Water Aerobics

Water Aerobics combines aerobics and strength training for a low-impact, full-body workout.

Jun. 1 - Aug 19. | Mon, Wed, Fri - 9:00-10:00 AM  
Palm Coast Aquatics Center | Open to age 13+ | \$10/class



## Learn to Swim Level 1, 2, 3 & 4

This program helps children and teens build confidence, and water safety skills from beginner to advanced levels.

Mon - Thurs & Sat - Jun. 1 - Aug. 6 | Time vary by level  
Palm Coast Aquatics Center | Age 6-15 | \$55/session

## Preschool Aquatics Level 1 & 2

Participants will be introduced to the basic skills needed to achieve a minimum level of water competency.

Mon-Thurs | Jun. 1 - Jul. 23 | Time vary by level  
Palm Coast Aquatics Center | Age 4-5 | \$55/session



# AQUATIC ACTIVITIES



## Parent and Child Aquatics Level 1

Teaching safe behaviors around the water and swimming readiness for parents and their children.

Session 2 - Jun. 15 - 18 (Mon - Thurs) | 8:00 - 8:30 AM

Session 5 - Jul. 27 - 30 (Mon - Thurs) | 8:00 - 8:30 AM

Aquatics Center | Age 6M - 4Years | \$25/class

## Competitive Swim Development

Get your young swimmer ready to work towards swimming on a competitive team.

Jun. 1 - Aug. 31 | Mon -Fri | 10:30 AM-6:00 PM

Jun. 6 - Aug. 9 | Sat - Sun | 10:00 AM - 4:00 PM

Aquatics Center | Open to age 7-17 | \$30/month or \$5/class



## Aquatics Summer Family Pass

This pass allows access to the pool during the Flagler County School Calendar year Summer.

May 29 - Aug. 9 | Daily - 10:30AM-6:00PM

Aquatics Center | Open to age 13+ | \$150

# FOR ALL ACTIVITIES



## Lunch N' Lecture Series

Join us for professional lunch lectures. Pre-register at least 72 hours in advance; space is limited.

Friday, July 10 | 11:00 AM - 12:30 PM

Community Center | Open to age 18+ | Free

## Visually Impaired Support Group

The group provides support, assistance, and a place to share resources. Come be empowered!

Wednesday, June 24 | 11:00 AM - 12:30 PM

Community Center | Open to all ages | Free



## Learn the Basics of Your Computer

Learn basic care of your computer, different programs and the importance of internet security.

Jun. 17 - Jul. 15 | 4:00 - 5:30 PM

Community Center | Open to Age 18+ | Free

## Autism Spectrum Disorder Social Group

a safe, predictable environment to meet and make friends with others living on the spectrum.

Jun. 9, Jun. 23, Jul. 14, Jul. 28, Aug. 11 | 6:00 - 7:30 PM

Community Center | Open to age 18+ | Free



# MONTHLY

## RECURRING ACTIVITIES



### Parent's Night Out

Need a Friday night out? We'll keep the kids busy with pizza, games, and themed fun!

Jun. 12 & Jul. 10 | 5:30 PM - 10:00 PM

Southern Recreation Center | Open to ages 5-12 | \$20/child

### Autism Spectrum Disorder Social Group

a safe, predictable environment to meet and make friends with others living on the spectrum.

Jun. 9, Jun. 23, Jul. 14, Jul. 28, Aug. 11 | 6:00 - 7:30 PM

Community Center | Open to age 18+ | Free



# SUMMER SPECIAL EVENTS

May 2	21st Annual Arbor Day	Central Park in Town Center
May 9	Spring Arts & Garden Festival	Central Park in Town Center
May. 16	Touch-a-Truck (first hour is horn free)	Central Park in Town Center
May. 23	14th Annual Pool Safety Day	Palm Coast Aquatics Center
May. 25	Memorial Day Ceremony	Heroes Memorial Park
May. 28	Palm Coast Beats and Eats	The Stage at Town Center
Jun. 25	Palm Coast Beats and Eats	The Stage at Town Center
Jul. 4	United Flagler 4th (Fireworks)	Flagler Executive Airport
Jul. 18	Pedal in the Park	Palm Coast Community Center
Jul. 30	Palm Coast Beats and Eats	The Stage at Town Center
Aug. 27	Palm Coast Beats and Eats	The Stage at Town Center

# OVERVIEW

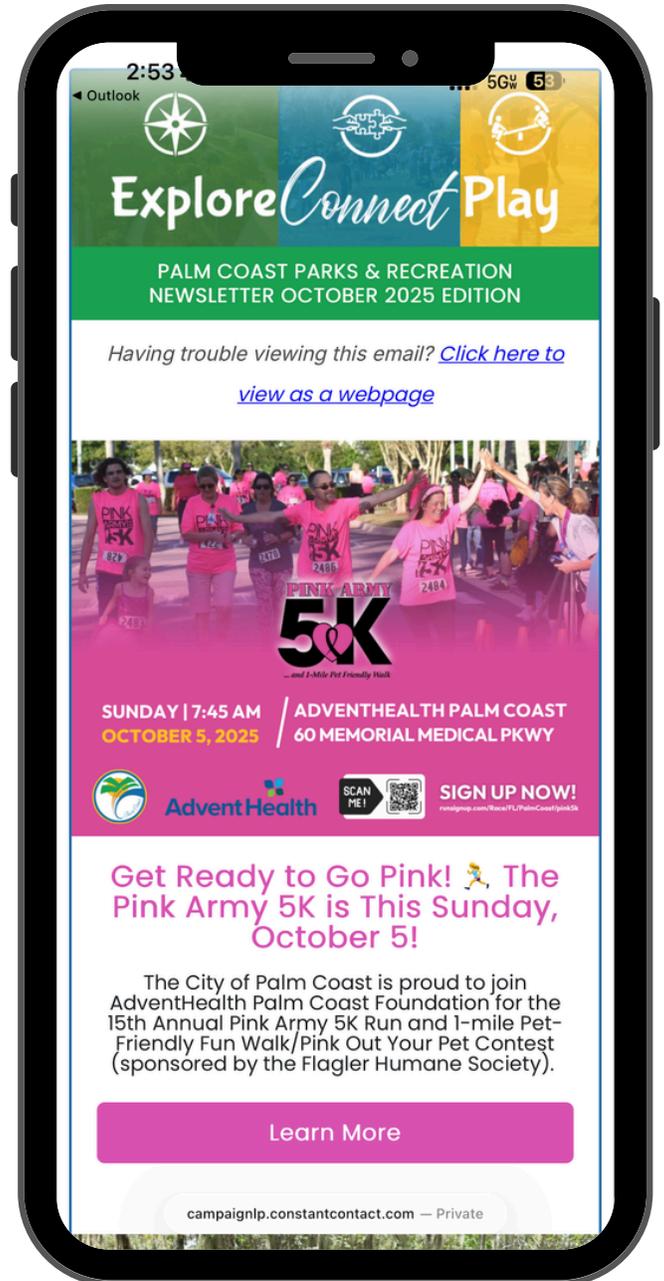
Get monthly updates in your inbox about **special events, parks and trails, programs, activities, and more!**

SCAN ME



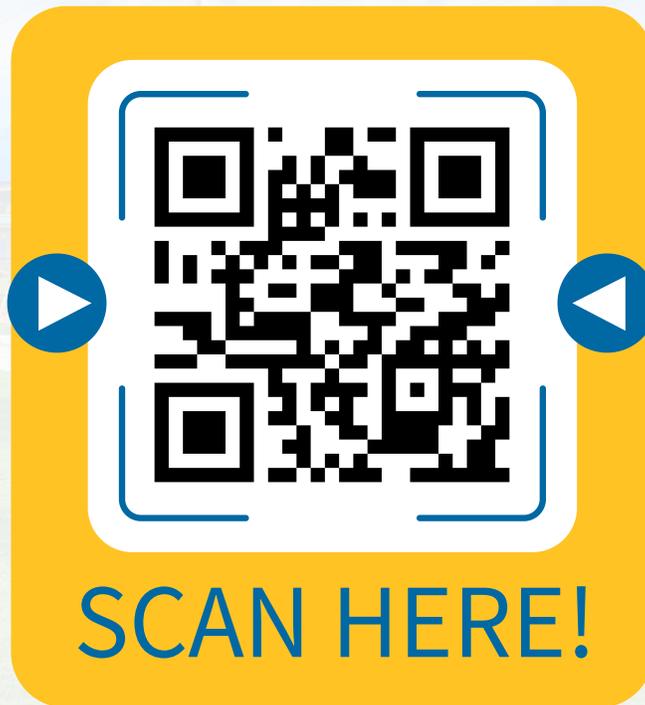
or visit

[palmcoast.gov/parks-and-recreation](http://palmcoast.gov/parks-and-recreation)



# **PARKS & RECREATION**

Scan the QR Code now to learn more about programs,  
special events, tournaments, and more!



Visit the Palm Coast Community Center!  
or Call 386-986-2323  
or register online at [www.parksandrec.fun](http://www.parksandrec.fun)